



## Newsletter - February 2024

**Did you know:** In the United States, someone has a heart attack every 40 seconds. **Every year, about 805,000 people in the United States have a heart attack.** Of these, 605,000 are a first heart attack— **February is Heart Month**

### Greetings from the Executive Director

CSMS-IPA is pleased to announce a new value-based care joint venture with Collaborative Health Systems (CHS). CHS is a health management services organization wholly owned subsidiary of Centene. We have joined together to strengthen our opportunities to achieve success in our Value-Based Care collaborations and help patients live their healthiest lives. CHS's support includes providing management services, risk contracting, tailored provider and practice education and tools to deliver care coordination and closure of gaps in care. We look forward to sharing the new opportunities this partnership will offer our members!

Wishing everyone a healthy and prosperous 2024! Our network is strong and together we can accomplish great things.

*Regards,*

*Neysa Stallmann Guerino*

### Helpful Info and Reminders:

The term "heart disease" refers to several types of heart conditions. The most common type of heart disease in the United States is coronary artery disease (CAD), which affects the blood flow to the heart. Decreased blood flow can cause a heart attack.

There are many factors that can lead to heart disease, diabetes, overweight and obesity, unhealthy diet, physical inactivity and excess alcohol use are just a few.

In order to keep our patients heart healthy there are so many discussions that need to be had. It is often not easy discussing with patients areas they need to improve on and help guide them on how to make those changes. CSMS-IPA has attached a few links that might help your office to gather more information and literature to help your discussion with patients.

Attached is a great tool kit for 2024 to work with your patients on the importance of heart health.

[https://www.cdc.gov/heartdisease/american\\_heart\\_month.htm](https://www.cdc.gov/heartdisease/american_heart_month.htm)

An interesting fact that heart-health disparities specific to women widen and deepen when combined with race, ethnicity, and other social factors.<sup>3</sup> We encourage individuals, health care and public health professionals, and our partners to help close the disparities gap. Below is a great site to help your office heart health disparities.

<https://www.cms.gov/training-education/medicare-learning-network/newsletter>

**Coding Corner:** Controlling Blood Pressure is always a main focus with heart disease.

The following are CPT codes you should include in billing:

Systolic Greater than/equal to 140     **CPT—3077F**

Systolic less than 140                     **CPT— 3074F, 3075F**

Diastolic 80-89                                **CPT— 3079F**

Diastolic greater than/equal to 90       **CPT—3080F**

Diastolic less than 80                        **CPT—3078F**

*This article is intended to provide a high-level, informational overview only and is not intended to constitute complete information on CMS codes or official payment guidance. "Billing to CMS must follow all CMS guidelines and may be changed or updated at anytime."*